















+ Leagues (Boys only)







Max numbers - 4 Max Pitch Size(m) - 20x12 Max mins per half - 10 Max mins per day - 50

U3

+ Tag - 6 tags to score

Max numbers - 6 Max Pitch Size(m) - 45x22 Max mins per half - 10 Max mins per day - 50

US,

+ Contact game starts

Max mins per day - 60

+ Tackle including hold

Max numbers - 7 Max Pitch Size(m) - 60x30 Max mins per half - 15 Max numbers – 8 Max Pitch Size (m) – 60x35 Max mins per half – 15 Max mins per day - 60

- + 3 player uncontested scrum
- + Ruck and maul -1 support player per team
- + Tackle not hold

Max numbers - 9 Max Pitch Size(m) - 60x43 Max mins per half - 20 Max mins per day - 70

- + 3 player scrum strike, no push
- + Ruck and maul -2 support players per team
- + Kicking no fly hack

Max numbers - 12 Max Pitch Size(m) - 60x43 Max mins per half - 20 Max mins per day - 70

- + 5 player scrum strike, no push + Boys 6 player scrum – strike and push
- + Ruck and maul unlimited
- + Fend-off below armpits

Max numbers – 13 (girls 12) Max Pitch Size(m) – 90x60 (girls 60x43) Max mins per half - 25 Max mins per day -



+ Boys kicking - flyhack

scrum – strike, no push

+ Girls as for U11 but with 5 player

- + 8 player scrum Number 8 pick up and run
 - + Kicking at goal
 - + Uncontested lineout

Max numbers - 15 Max Pitch Size(m) -100x70 Max mins per half - 25 Max mins per day - 80

Max numbers - 15 Max Pitch Size(m) - 100x70 Max mins per half - 30 Max mins per day - 90

+ Boys & girls uncontested lineout - lift permitted

Max numbers - 15 Max Pitch Size(m) - 100x70 Max mins per half - 35 Max mins per day - 90

+ Contested lineout - lift permitted

Max numbers – 15 Max Pitch Size(m) – 100x70 Max mins per half – 35 Max mins per day – 90 Max numbers - 15 Max Pitch Size(m) - 100x70 Max mins per half - 35 Max mins per day - 90

Mixed Rugby

Boys play single age band rugby. Girls play joint age band rugby at U13, U15 and U18.